

EDITORIAL

Cardiac and cardiovascular diseases cover diseases of both the heart (cardio) and blood vessels (vascular) in the body. I think everyone has friends or relatives who suffer from cardiovascular diseases, such as arrhythmias, stroke, high blood pressure, and heart failure, especially among elderly people.

Cardiac and Cardiovascular Research (CCR) is an open-access scientific journal focusing on topics including heart disease, cardiovascular medicine, echocardiography, cardiac electrophysiology, heart disorder, cardiology, coronary artery disease, diagnosis and treatment of heart disease, etc. In the first issue, we try to provide cutting-edge analysis and theories for a comprehensive introduction to cardiac and cardiovascular. Different topics are included, such as the association between extremely cold and hot temperatures with mortality of cardiovascular diseases, the research progress of microparticles or extracellular vesicles in cardiovascular surgery, the influence of smoking cessation on cardiovascular health, etc.

Managing editor

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